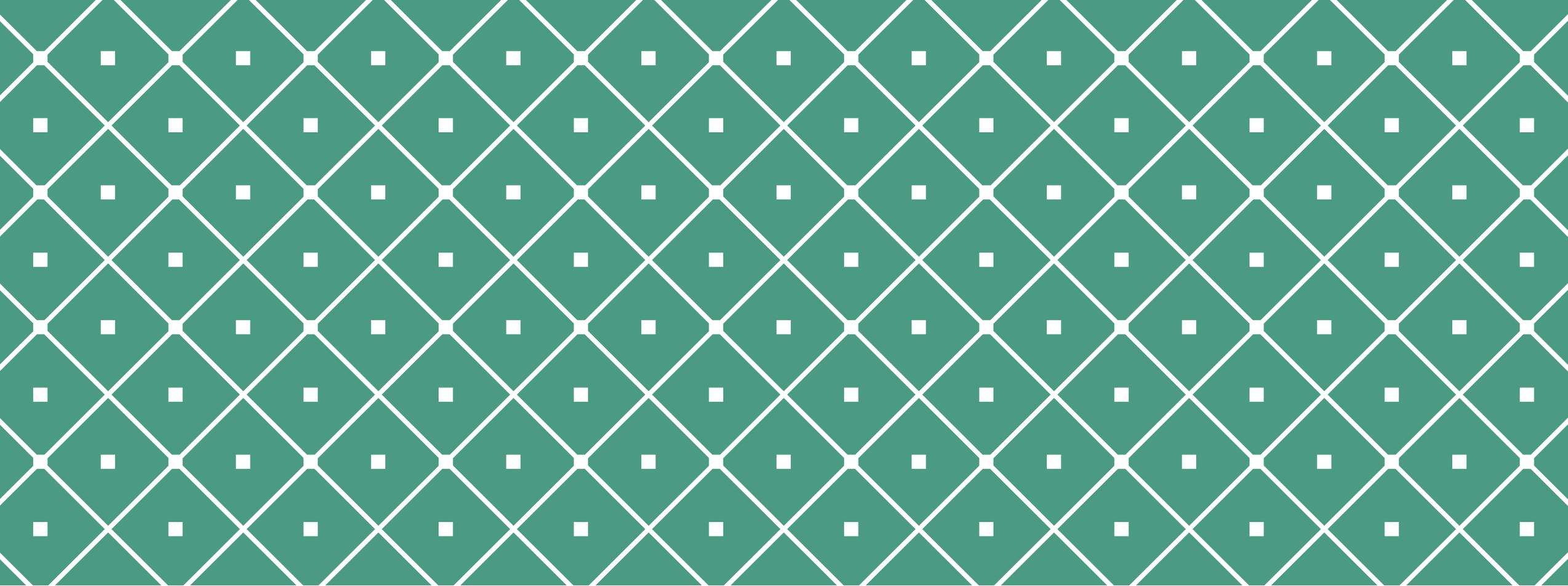


**MEDICAID SECTION 1115
BEHAVIORAL HEALTH WAIVER
DEMONSTRATION PROJECT**

THE STATE OF ALASKA
DEPARTMENT OF HEALTH AND
SOCIAL SERVICES

INTRODUCTION

1. The Purpose and Scope of the 1115 Behavioral Health Waiver Demonstration
2. The Public Comment Process



THE PURPOSE AND SCOPE OF THE DEMONSTRATION



BEHAVIORAL HEALTH MEDICAID SYSTEM

The State of Alaska's Behavioral Health (BH) Medicaid system is administered through the Division of Behavioral Health (DBH)

- The present BH Medicaid system serves the most acutely disabled children and youth (defined as Seriously Emotionally Disturbed – SED – Children), and the most seriously mentally ill adults (defined as SMI Adults) and covers both clinic and more intense services, including residential and inpatient care.
- Services must be *medically necessary*, clinically appropriate, and delivered by eligible providers to (financially and diagnostically) eligible recipients.
- Care is delivered by community behavioral health centers, substance abuse treatment agencies, federally qualified health centers, tribal health organizations, hospitals, and specialty clinics.

BEHAVIORAL HEALTH MEDICAID SYSTEM REFORM

Behavioral health system redesign and reform is part of the State of Alaska's larger Medicaid reform initiative. The main goals of the reform efforts are to:

- Improve the effectiveness, efficiency, and integration of the state's behavioral health system.
- Reduced operational barriers and minimize administrative burdens of the existing system for both the State and providers.
- Expand the capacity for community-based mental health and substance use disorder treatment and community supports.
- Support early interventions and timely access to treatment and support services.
- Support peer and family based support services and interventions.

BEHAVIORAL HEALTH SYSTEM REFORM (CONTINUED)

Following legislative direction, stakeholder input, system assessments, and conversations with the Center for Medicaid and Medicare Services (CMS), Alaska is moving forward with two initiatives for behavioral health system reform:

- Filing an Application to CMS for approval of an 1115 Behavioral Health Waiver Demonstration Project
- Contracting with an Administrative Services Organization (ASO) to manage the redesigned statewide system of behavioral health care

MEDICAID SECTION 1115 DEMONSTRATION

Section 1115 of the Social Security Act gives CMS the authority to approve experimental, pilot, or demonstration projects that promote the objectives of the Medicaid and Children's Health Insurance Program (CHIP) programs.

An 1115 waiver demonstration gives states additional flexibility to (re)design and improve Medicaid services and programs and then evaluate the impact of the new service approaches adopted by the proposed waiver, including:

- Expanding eligibility to individuals who are not otherwise Medicaid or CHIP eligible (example: removing the IMD exclusion so more substance use disorder residential treatment beds were possible)
- Providing services not typically covered by Medicaid (example: expanding supportive housing services)
- Using innovative service delivery systems that improve care, increase efficiency, and reduce costs (example: expanding ACT teams to smaller communities)

ADMINISTRATIVE SERVICES ORGANIZATION (ASO)

The ASO will be a third-party organization with specialized expertise in integrated behavioral health systems management.

DBH will contract with the ASO through a competitive bidding process to provide certain specified administrative services necessary to manage Alaska's behavioral health system of care on the department's behalf.

The ASO procurement and contracting process is separate from the Medicaid Section 1115 Behavioral Health Waiver Demonstration.

ADMINISTRATIVE SERVICES ORGANIZATION (CONT.)

Specific goals for the ASO include:

1. Increasing access to appropriate behavioral health services
2. Improving health outcomes for Medicaid and non-Medicaid
3. Managing the cost of behavioral health service delivery in Alaska.

ADMINISTRATIVE SERVICES ORGANIZATION (CONT.)

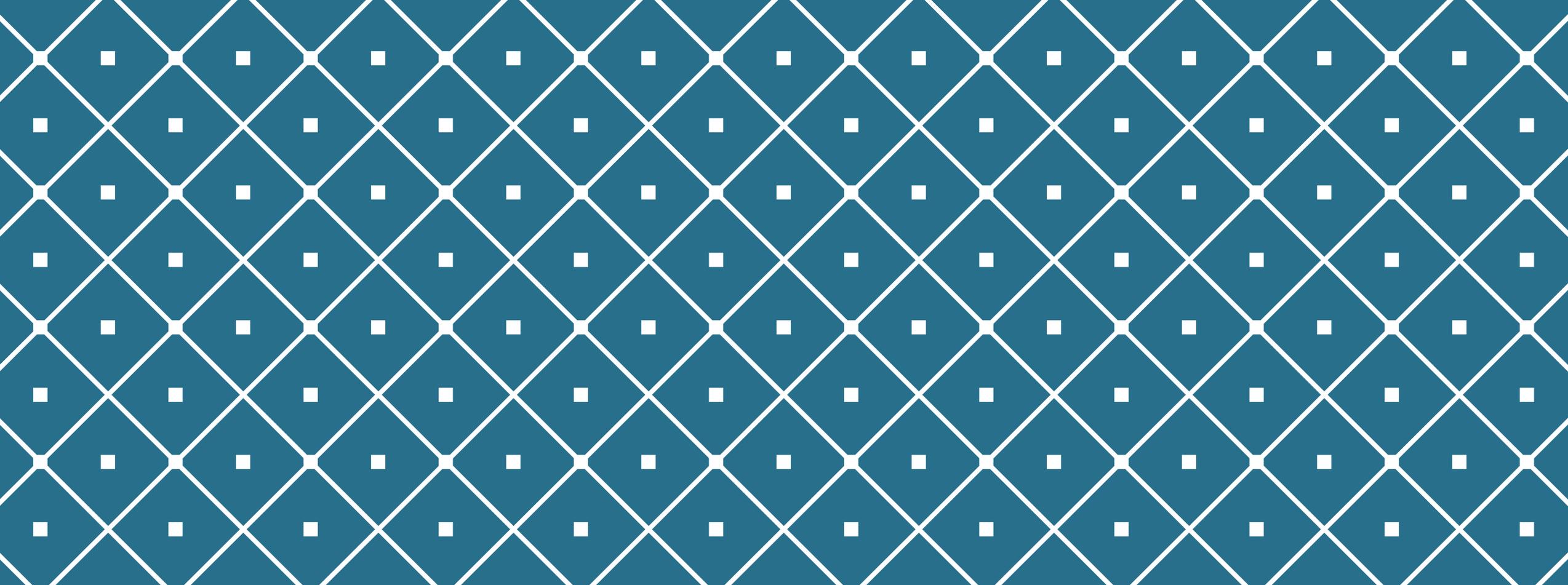
The scope of work (in development) may include some or all of these services:

- Participant Eligibility and Enrollment
- Utilization Management
- Provider Network Capacity Development and Support
- Participant Outreach
- Communications and Support
- Quality and Outcomes Management
- Data Management
- Claims Processing
- IT System Requirements.

The ASO will have explicit contractual responsibilities requiring the ASO to help achieve each demonstration goal.

IMPORTANT TO NOTE:

- The target groups in the demonstration must already qualify for Alaska's Medicaid and/or CHIP programs.
- The waiver demonstration does not change the income or eligibility requirements for Medicaid and/or CHIP recipient enrollment.
- The recommendations in the application to CMS for an 1115 demonstration were made after intensive analysis and consultation, partnership planning meetings, stakeholder engagement, and technical assistance.
- The Alaska demonstration must have met federal Medicaid cost-neutrality commitments for all proposed services by the five-year period of the demonstration.
- Detailed information about waiver goals, target populations, and new services are found in the application itself.
- This application for a Medicaid Section 1115 behavioral health waiver demonstration is just the starting point for negotiations with CMS. Changes to the initial waiver application are anticipated throughout the process.



QUESTIONS?

GOALS OF 1115 WAIVER DEMONSTRATION

The Alaska Behavioral Health 1115 Demonstration seeks to provide Alaskans with a comprehensive suite of cost-effective, high quality behavioral health services designed to ensure access to the right services at the right time in the right setting.

The waiver will allow the state to:

1. Rebalance the current behavioral health system of care to reduce Alaska's over-reliance on acute and institutional-level care and shift to more community or regionally-based care.
2. Intervene as early as possible in the lives of Alaskans to address behavioral health symptoms before symptoms cascade into functional impairments.
3. Improve the overall behavioral health system accountability by reforming the existing system of care.

TARGET POPULATIONS

This demonstration project focuses on establishing an enhanced set of benefits for three target populations of Medicaid recipients:

- Children, adolescents, and their parents or caretakers with – or at risk of – mental health and/or substance-use disorders.
- Individuals with acute mental health needs.
- Individuals with substance-use disorders.

More detailed information about the waiver demonstration's goals and objectives for each of these target populations is found in the application.

THE TARGETED SERVICE ARRAY FOR POPULATION 1: CHILDREN UNDER 21 & THEIR FAMILIES AT-RISK OF MENTAL HEALTH OR SUBSTANCE USE DISORDERS

- Evidence based clinical assessments
- Standardized mental health and SUD screening instruments
- Community-based outpatient services
- Home-based family treatment services
- Intensive case management services
- Mental health day treatment services
- Acute intensive services
- Mobile crisis response services
- 23-hour crisis stabilization services
- Therapeutic foster care
- Residential treatment services
- Community and recovery support services

THE TARGETED SERVICE ARRAY FOR POPULATION 2: INDIVIDUALS (AGES 18 – 64) WITH ACUTE MENTAL HEALTH NEEDS

- Standardized screening and assessment instruments
- Community-based outpatient treatment options, including the creation and deployment of teams modeled on the Assertive Community Treatment approach
- Intensive case management services
- Mental health day care treatment
- Acute intensive services
- 23-hour crisis stabilization services
- Peer-based crisis stabilization services
- Community and recovery support services
- **Existing** crisis residential and stabilization services, including medically-monitored, short-term, residential program in an approved (10-15 bed) facilities that provides 24/7 psychiatric stabilization services

THE TARGETED SERVICE ARRAY FOR POPULATION 3: INDIVIDUALS (AGES 12 – 64) WITH SUBSTANCE USE DISORDERS

- Standardized screening and assessment instruments
- Community and recovery support SUD services
- Community-based outpatient SUD treatment and medication services
- Medication-Assisted Treatment (MAT)
- MAT Care Coordination
- Intensive SUD case management
- Intensive outpatient SUD services
- Ambulatory withdrawal management
- Acute intensive services will also be made available, including mobile crisis response services and peer-based crisis services
- Adult and youth residential treatment services

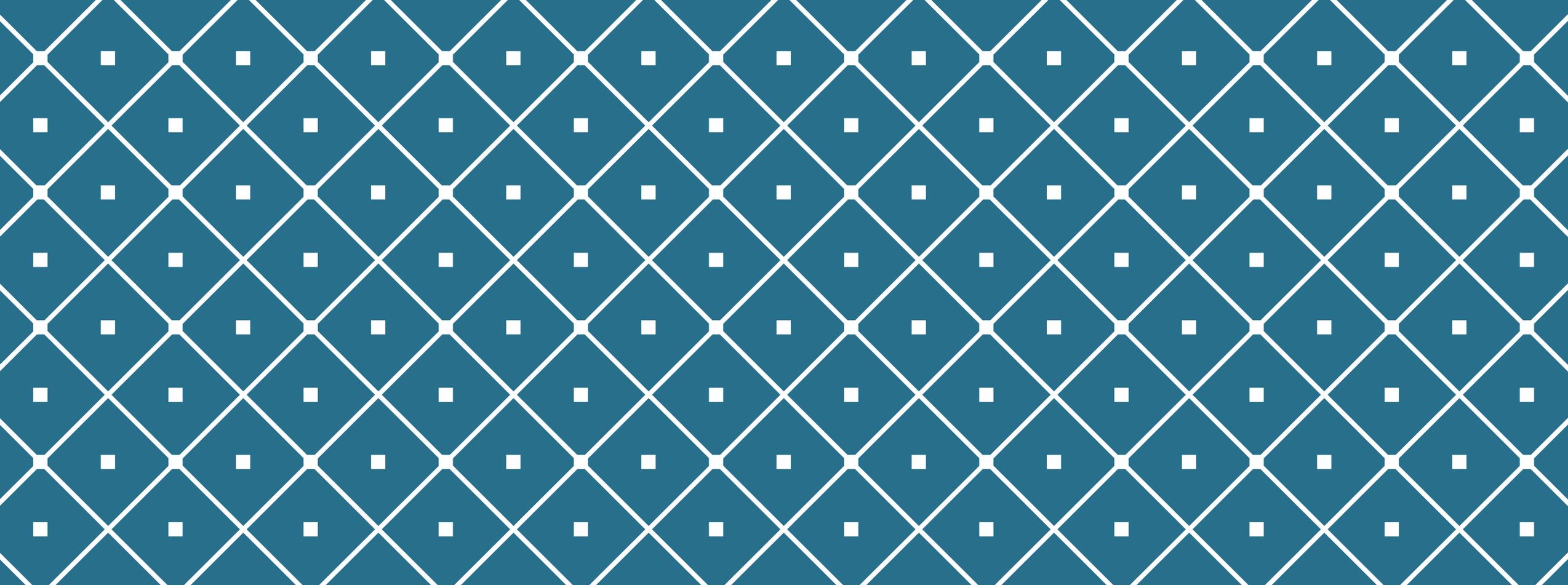
STATE PLAN AND REGULATORY CHANGES

If approved, prior to the implementation of the waiver demonstration changes to the Medicaid State Plan and other regulatory changes are anticipated.

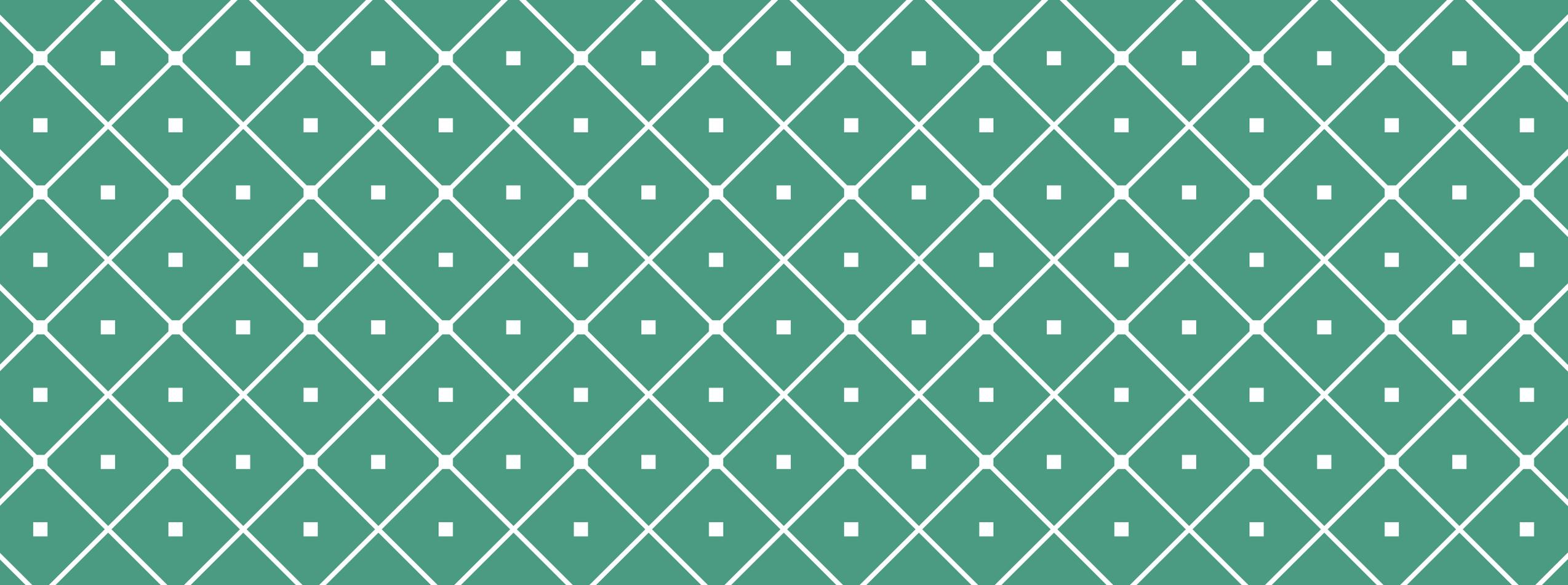
Any changes to the Medicaid State Plan or new or revised administrative regulations will have their own separate public review and comment period.

Stay updated on the process at:

http://dhss.alaska.gov/HealthyAlaska/Pages/Redesign/Redesign_news.aspx



QUESTIONS?



THE PUBLIC COMMENT PROCESS



DEMONSTRATION PUBLIC COMMENT PERIOD

Public Comment Period Opens: November 28, 2017

Public Comment Period Closes: December 29, 2017 at 5:00 p.m. AST

Copies of the 1115 Behavioral Health Demonstration Waiver can be found online at:

http://dhss.alaska.gov/HealthyAlaska/Documents/AK1115_Draft_Application-11.2017.pdf

Hard copies of the demonstration application are available at:

Department of Health and Social Services – Office of the Commissioner
3601 C Street, Suite 902
Anchorage, Alaska 99503

Or call the Division of Behavioral Health at 907.269.3600 and ask that a hard copy be mailed to you.

PUBLIC MEETINGS AND WEBINARS

Juneau Public Meeting

Friday, December 8th

3:00 pm

Alaska Office Building (350 Main St.)

Conference Room 115

Teleconference #: 1-800-315-6338

Passcode: 58920#

Kenai Public Meeting

Tuesday, December 12th

6:00 pm

Kenai Chamber of Commerce and Visitors Center (11471

Kenai Spur Hwy.)

Teleconference #: 1-800-315-6338

Passcode: 58920#

Fairbanks Public Meeting

Monday, December 11th

6:00 pm

Noel Wien Library (1215 Cowles St.)

Teleconference #: 1-800-315-6338

Passcode: 58920#

PUBLIC MEETINGS AND WEBINARS

Mat-Su Public Meeting

Wednesday, December 13th

6:00 pm

Wasilla Senior Center (1301 S. Century Circle)

Teleconference #: 1-800-315-6338

Passcode: 58920#

Anchorage Public Meeting

Thursday, December 14th

6:00 pm

Frontier Building (3601 C. St.)

Conference Room 880/890

Teleconference #: 1-800-315-6338

Passcode: 58920#

More information on these public meetings can be found at the AMHB/ABADA table during today's conference.

PUBLIC MEETINGS AND WEBINARS

You are welcome to participate in the following online webinars to submit questions about the waiver and provide public comment:

Introductory Webinar

Wednesday, December 6th

2:00 pm

Webinar- Public Comment Process Update and FAQ's

Thursday, December 21st

10:00 am

To sign up for the notice and login information for these webinars, go to the AMHB/ABADA table during today's conference.

HOW TO COMMENT

To submit public comments on the State of Alaska, Department of Health & Social Services' application for a Medicaid Section 1115 Behavioral Health Waiver Demonstration Project, please send your comments via email to:

1115_Public_Comments@alaska.gov

or mail them to:

1115 Public Comments

C/O AMHB/ABADA

PO Box 110608

Juneau, AK 99811-0608

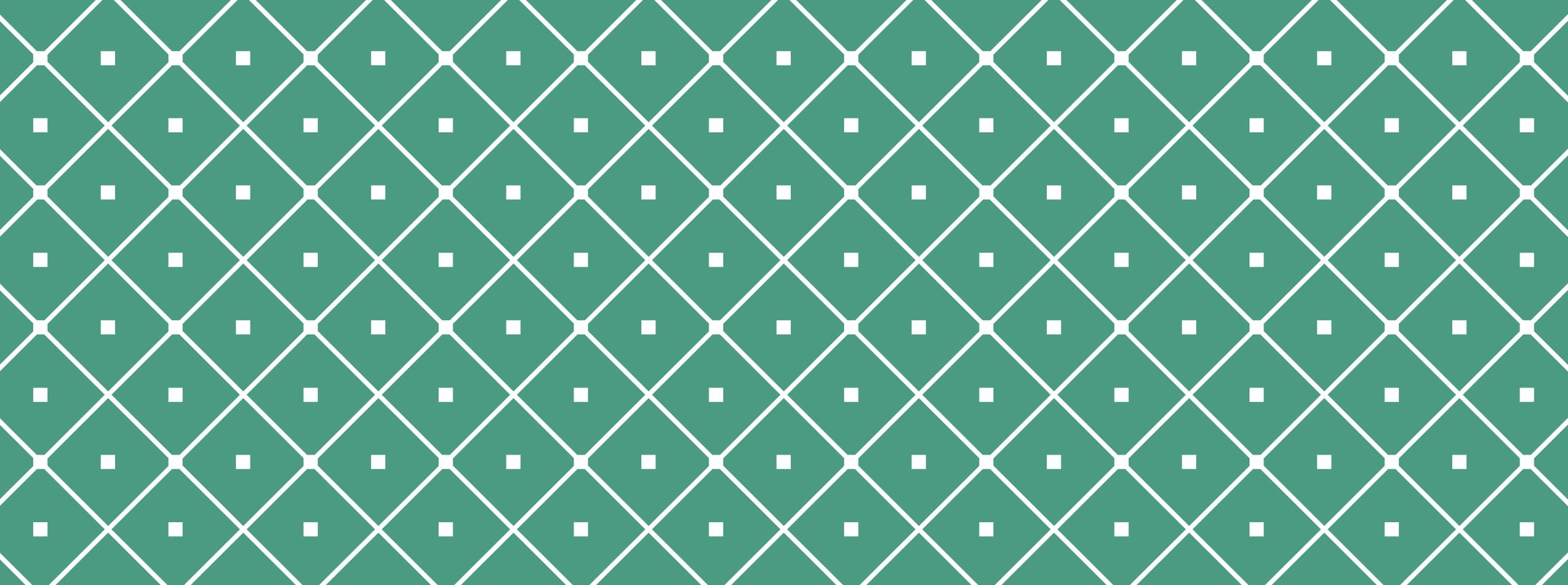
DHSS DEMONSTRATION APPLICATION TIMELINE

- End of Public Comment Period: December 29, 2017
- Tribal Consultation: November to December, 2017
- Review Public Comments and update/finalize application: January, 2018
- Submit the Application for a Medicaid Section 1115 Behavioral Health Waiver Demonstration: February, 2018
- AK DHSS/ CMS Negotiations: To be Determined (TBD), but possibly over the course of a year or more
- Federal Public Comment Process: TBD
- Waiver Implementation: TBD



QUESTIONS?
CLARIFICATIONS?

Thank you!



PUBLIC COMMENT |